## JOINING TO THE (IN)VISIBLE PROJECT

In Poland live up to 7 million people with disabilities. A large part of them are people with disabilities not visible at first glance. They too often encounter misunderstanding when ask for help or use it. In order to change this situation, we are joining "The (In)visible" project".

Our aim is not only improving the quality of life of people with invisible disabilities, but also building social awareness, and facilitation the everyday functioning of people experienced with an invisible disability and need our support at any given time.

An invisible disability does not involve the use of a wheelchair or a white stick. It may be caused by, for example, a disease (e.g. multiple sclerosis, diabetes), neurodevelopmental disorders (e.g. autism), course of treatment (e.g. oncological treatment), accidents (e.g. prosthetic leg, invisible under clothes). It is difficult to notice, but it often significantly affects the lives of those who experience it. They often encounter misunderstanding or unpleasant reactions from people around them. It's time to change that.

Because of that, our museum joins the "(In)visible" project. We want everyone to feel safe in our area and to know we are ready to help whenever needed.

"(In)visible" is a project implemented by the StwardenieRozsiane.Info Foundation. Its aim is building social awareness of invisible disabilities and support people experienced with them. Despite all the difficulties, they try to live actively, working and fulfilling daily professional and private duties. However, they are not always able to do it without effort, because there are days when they feel worse. Then, for example, when they use public transport, they hear: "So young, but he does not step aside an older person." Mind you, not stepping aside or using a service outside the queue not always is the proof of bad manners, but of serious health problems. Just like the unstable steps of a person getting out of a car is not always the result of drinking alcohol.

The "(In)visible" campaign meets these problems. Its main element - apart from informative activities dedicated to invisible disabilities - are special emblems, i.e. "symbols" of the project. Thanks to their "use", people with invisible disabilities will be able to signal their requesting for additional support, e.g. being allowed to skip the queue or more given time in any office or institution.

Źródło: <u>https://skansen.lublin.pl/?p=24769</u>